

Aurora Holistic Care Pty Ltd

What is LLETZ?

LLETZ stands for Large Loop Excision of the Transformation Zone. It is performed to remove abnormal changes that have occurred on your cervix (neck of the womb).

How is it performed?

It involves using a local (freezing) anaesthetic. You will be put to sleep. The doctor removes the abnormal tissue using a heated wire loop.

Is it painful?

You will be put to sleep for the procedure. You might experience some discomfort when you wake up from anaesthesia. You will be prescribed painkillers to go home with.

Will it cure me?

Over 90% are cured by the first treatment. A few patients will require a second treatment and even less will require an alternative treatment such as cone biopsy or hysterectomy.

How long will it take?

On average, about 15 – 30 minutes. It is a day procedure. You will usually be discharged on the same day.

Advice following treatment

Take it easy for the next 2 or 3 days. You will experience some vaginal bleeding and this may last up to 4 weeks on and off. You may have a light period type discharge for up to 4 weeks, this is normal.

If you have bleeding, which is heavier than a period, or an offensive discharge, contact Ward 2 or your GP. If you have any problems out of hours, contact Dr Shah via paging service. The telephone numbers are at the end of page 2.

Do not have intercourse and do not use tampons for 4 weeks. Your next period may be slightly heavier than normal.

Avoid Baths for 2 weeks, showers may be taken. Avoid strenuous exercise and swimming for 2 weeks.

Follow-up

We will ask you to make an appointment in 2 weeks at discharge from hospital.

Pregnancy and Contraception

You should avoid pregnancy until you have had your first follow-up smear and have had a normal result.

You should continue to use your normal contraception. If you are not using contraception, we would advise a sheath (condom) until after you have been treated. If you have a coil, we may or may not have to remove it. If we do have to remove it we will arrange to have it re-inserted either the same day, or in 4 to 6 weeks time.

Contact no

After hours paging service for Dr Boski Shah – 0393871000, mob: 0430583968